

LIGHT BITES

St Brides Seafood, Potato & Corn Chowder **£12.00**
Cornbread, Pembrokeshire Gold chilli oil
(F,CR,M,D,S,W)

St Brides Chicken Caesar Salad **£15.00**
Little Gem lettuce, smoked bacon, anchovies,
focaccia croutons, Gran Levanto cheese
(W,F,D,S,SD,MU)

Smoked Salmon Nicoise Salad **£17.00**
Hen's egg, confit tomato, potato, olive
crumb, anchovy oil (F,E,SD)

SANDWICHES

All served with fries and salad

Lobster & Prawn Brioche Roll **£24.00**
Summer leaves, avocado, mint and lime mayonnaise
(CR,W,S,D,E,SD,MU)

Roast Beef Reuben Style Sandwich **£15.00**
Sourdough, sauerkraut, Gruyere cheese, Thousand
Island dressing (R,E,D,SD,MU)

Smoked Salmon Bloomer **£15.00**
Pistachio and cream cheese (F,PS,W,R,D)

Chicken Tikka Naan **£15.00**
Onion and mint remoulade (W,S,D)

Balsamic Glazed Mushroom Sourdough .. **£10.00**
Watercress, Applewood smoked cheese (V,R,W,SD)

MAINS

St Brides Beef Burger **£20.00**
Pulled short rib, smoked bacon, Monterey
Jack cheese, black garlic ketchup, served
with fries (W,S,D,E)

Tandoori Spiced Tofu Burger 🌱 **£15.00**
Gem lettuce, pickled cucumber, pear
chutney, onion bhaji, served with fries
(V,W,S,SD,MU)

Katsu Sea Bream **£22.00**
Katsu curry sauce, jasmine rice, miso glazed
pak choi (W,F,S,E,SD,MU)

ON THE SIDE

**Stem Broccoli with Welsh Blue Cheese
Ranch Dressing** (V,D) **£6.00**

**Truffle Fries with Gran Levanto
Cheese** (V,D) **£6.00**

**Pembrokeshire Potatoes
with Seaweed Butter** (V,D) **£5.00**

Chips (V) **£5.00**

DESSERTS

Sticky Toffee Pudding **£9.00**
Toffee sauce, Barti rum and coffee dates,
clotted cream ice cream (V,W,S,D,E,SD)

Strawberry & Elderflower Pavlova **£9.00**
Elderflower, Chantilly cream, strawberries,
summer berry sorbet (V,D,E,SD)

Rice Pudding Brulée 🌱 **£9.00**
Sesame, banana, chocolate sorbet
(V,O,S,SD,SE)

Welsh Cheese **£15.00**
PerI Las, Snowdonia Black Bomber and
PerI Wen, with grapes, red onion marmalade
and Cradoc crackers (V,W,SD,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W)Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌱 Plant-based, (V) Vegetarian

All hot beverages are served with a luxury Welsh biscuit (W,S,D)

All items containing dairy (D) can be substituted for Soya Milk (S), Oat Milk or Coconut Milk

Please inform us of any special dietary requirements

ICED COFFEE & TEA

Iced Black Americano	£4.50
Iced Cappuccino (D)	£5.50
Iced Latte (D)	£5.50
Iced Flat White (D)	£5.50
Iced Mocha (D)	£5.50
Iced Matcha (V,D)	£6.00
Peach Iced Tea	£4.50

HOT BEVERAGES

WELSH ROASTED COFFEE

Americano (V)	£4.50
Single Espresso (V)	£4.50
Double Espresso (V)	£5.50
Cappuccino (V,D)	£5.50
Mochaccino (V,D)	£5.50
Macchiato (V,D)	£5.50
Café Latte (V,D)	£5.50
Flat White (V,D)	£5.50
Matcha Latte (V,D)	£6.00
Add Syrup Flavour	£1.50

WELSH BREW TEA SELECTION £4.50

Welsh Brew Breakfast, Earl Grey, Peppermint, Decaf Breakfast, Cranberry & Raspberry, Green Tea, Lemon & Ginger, Mixed Berry, Chamomile

Hot Chocolate (V,B,D,S) 	£5.50
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St BRIDES
spa hotel



the
Gallery
bar and lounge

BAR MENU

Available 12pm to 5pm

