

the Gallery

bar and lounge

BAR MENU

Available 12pm to 9pm



SANDWICHES & WRAPS

Lemon and Garlic Chicken Caesar

Flatbread £15.00

Gem lettuce, Caesar dressing, Gran Lavante cheese, served with fries and salad (*W,D,SD,MU,F*)

Croque Madame £14.00

Bechamel sauce, melted cheese and ham, served with a poached egg, fries and salad (*R,W,S,D,E,SD,MU*)

Smoked Salmon Sandwich £14.00

On brown bloomer bread with horseradish cream cheese, served with fries and salad (*F,D,W,SD*)

Welsh Cheddar Cheese Sandwich £10.00

On white bloomer bread with pickled onion and chutney, served with fries and salad (*V,R,W,S,D,SD*)

LIGHT BITES

Lobster and Prawn Brioche Roll £23.00

Summer leaves, avocado, mint and lime mayonnaise, served with fries (*Cr,W,S,D,E,SD*)

Indonesian Fish Curry £22.00

Market fish cooked in lemongrass, chilli and coconut, served with rice and a cucumber and onion seed salad (*F,Cr*)

St Brides Beef Burger £18.00

Topped with Monterey Jack cheese, gem lettuce, pickles, tomato and Sriracha mayonnaise, served with fries (*W,S,D,E*)

Tandoori Spiced Tofu Steak Burger 🌿 £15.00

Gem lettuce, pickled cucumber, curried pear chutney and bhaji, served with fries (*V,W,B,S,SD,MU*)

POKÉ BOWL

Born in Hawaii, inspired by Japan, enhanced in California. Refined in Saundersfoot, enjoyed by you.

Charred Yuzu Salmon Poké Bowl £18.00

Yuzu kosho sauce, avocado, Edamame beans, coriander, kohlrabi, cucumber (W,F,S,SE,SD)

Sriracha Prawns Poké Bowl £18.00

Apple ponzu sauce, avocado, asparagus, basil, sundried tomatoes, crispy onions (W,Cr,S)

Gochujang Chicken Poké Bowl £18.00

Ginger vinegar, black garlic, cherry tomatoes, Edamame beans, carrot, cucumber (W,S,SD,MU)

Curried Sweet Potato Poké Bowl £15.00

Ponzu sauce, sesame seeds, avocado, carrot, Edamame beans, cucumber, Napa cabbage (V,W,S,SE,SD,MU)

ON THE SIDE

Gran Levante and Truffle Fries (V,D) £6.00

Chips (V) £5.00

Salad with Fennel, Yuzu and Asparagus (V,SD) £5.00

New Potatoes with Lemon, Parsley and Capers (V,SD) £5.00

DESSERTS

Glazed Lemon Tart **£9.50**

Poached cherries, rhubarb ice cream (V,W,D,E,SD)

Banoffee Meringue **£8.00**

Caramelised banana, chocolate sorbet (V,S)

Welsh Cheese **£14.00**

Perl Las, Snowdonia Black Bomber and Perl Wen, served with grapes, spiced tomato chutney and Cradoc crackers (V,W,SD,D,C)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

Gluten Allergy: (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

Nut (Tree Nut) Allergy: (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

Lifestyle: 🌿 Plant-based, (V) Vegetarian

HOT DRINKS

Flat White (V,D) **£4.45**

Cappuccino (V,D) **£4.25**

Double Espresso (V) **£4.25**

Mochaccino (V,D) **£4.25**

Macchiato (V,D) **£4.25**

Café Latte (V,D) **£4.25**

Americano (V,D) **£3.95**

Single Espresso (V) **£3.45**

Add Syrup **£1.00**

Hot Chocolate (V,D) **£4.95**

Welsh Brew Loose Leaf Tea **£4.95**

Celtic No.1 HQ, Welsh Strawberries & Cream,
Earl Grey, Darjeeling, Mixed Berry, Green Tea
Roobios & Orange, Green Tea, Mango & Bergamot,
Lemon & Ginger, Spiced Chai

Welsh Brew Tea Selection **£3.45**

Breakfast, Earl Grey, Cranberry & Raspberry,
Chamomile, Mixed Berry, Green Tea, Lemon &
Ginger, Peppermint, Decaffeinated

St BRIDES
spa hotel

