

the
Cliff
restaurant

BREAKFAST MENU



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BAKERY & CEREALS

Freshly baked croissants (G,D,E) and Danish pastries
(V,G,D,E,P,N)

**Bread selection (V,G,S) with assorted jams,
honey and marmalade (V)**

Fresh fruit (V)

Corn Flakes (V,G)

Rice Krispies (V,G)

Coco Pops (V,G)

Frosties (V,G)

Bran Flakes (V,G)

YOGHURT & DAIRY

Llaeth y Llan fruit and natural yoghurt (V,D)

Welsh skimmed and semi-skimmed milk (V,D)

Non-dairy milk available on request

FRUIT JUICES

Orange (V), apple (V) and cranberry (V)

SELECTION OF COFFEE

**Americano (V,D), cappuccino (V,D), mochaccino (V,D),
latte (V,D), flat white (V,D) or black (V)**

SELECTION OF WELSH BREW TEA AND INFUSIONS (V)

**Breakfast, Earl Grey, Cranberry and Raspberry,
Chamomile, Mixed Berry, Green Tea, Lemon and
Ginger, Peppermint, Decaffeinated Tea**

FRESHLY COOKED TO ORDER

St Brides Full Breakfast

Local pork sausage, smoked bacon rashers, hash brown (V), roasted tomato (V), field mushroom (V), black pudding (G), baked beans (V) and free-range eggs cooked your way – fried (V,E), poached (V,E) or scrambled (V,E,D)

The Full Plant-Based Breakfast

Plant-based sausage, hash brown, roasted tomato, field mushroom, baked beans and egg-free scrambled egg (V)

Eggs Benedict

Roasted ham, hollandaise sauce, toasted English muffin (G,S,D,E,SD)

Royale Eggs Benedict

Smoked salmon, hollandaise sauce, toasted English muffin (F,G,D,S,E,SD)

Sautéed Mushrooms and Laverbread

Poached egg, toasted sourdough (V,G,E,D,SD)

Smashed Avocado with Crème Fraiche


Poached egg, toasted English muffin (V,G,S,D,E,SD)

Waffle with Chocolate Sauce

Red berry compote, crème fraiche (V,G,D,E,S)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

 Plant-based, (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.