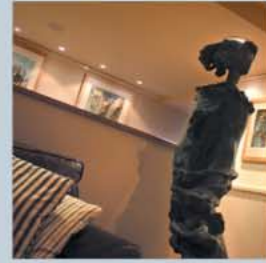


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to a unique
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spa hotel



where the
individual
matters

where state
of the art
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facilities are
available for
up to 120



where special
occasions are
celebrated.



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for unbuttoned fine
dining in a restaurant
designed around
breathtaking
coastal views.

relax

 in the luxury of our cliff top marine spa...

...and vitality treatment pool overlooking the harbour, village and Carmarthen Bay.





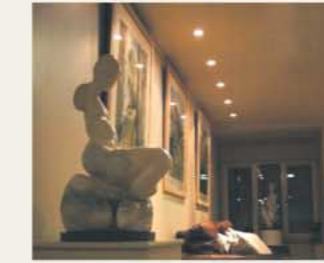
rest

in any one of our
thirty five
individually styled
bedrooms.



unwind

in our gallery displaying
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enjoy our natural environment – we are ideally situated on
the coast path that forms part of Britain's only coastal National Park.



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